

Existential Depression: How To Recognize And Cure Life Related Sadness In Gifted People By Mark Sanders

By Mark Sanders

Burnout (psychology) EN. "Existential Depression. How to recognize and cure life-related sadness in gifted people",

Mark Sanders is the author of The Impossible Image (3.46 avg rating, 13 ratings, 1 review, published 2000), People; Events

The book offers insight on how to recognize and cure existential depression. And Cure Life-related Sadness In Gifted People by Marc Sanders

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OK, I'm not understanding what "existential depression" means, I know people in my family though that do take medication daily for their depression and anxiety.

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