

Put 'Em Down, Take 'Em Out!: Knife Fighting Techniques From Folsom Prison By Don Pentecost

By Don Pentecost

Pentecost__Don_-_Put__Em_Down__Take_Em__Out__-_Knife_Fighting_Techniques_from_the_Folsom_Prison Take Em 'Out! - Knife Fighting Techniques from the Folsom

Put 'em down, take 'em out! knife fighting techniques from Folsom Prison Don Pentecost. Published 1988 by Paladin Press in Boulder, Colo. Written in

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Knife Fighting Techniques from Folsom Prison; Put 'em down, take 'em out: Knife fighting from Folsom Prison. In it Don pointed out how actual knife

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Here s another look at an older review: Put em down, Take em out ! Knife fighting techniques from Folsom prison by Don Pentecost.

"Put `em down and take `em out" is an excellent book on knife fighting. As a Law Enforcement professional, I've used several of Don's suggestions and techniques to

My cellmate wanted to order a copy of Put Em Down, Take Em Out! Knife Fighting author Don Pentecost s prison survival, Put 'Em Down Take "em Out,

Dropkick Murphys would like to take a moment to acknowledge the struggles of the working people of Wisconsin and to pledge our support and solidarity by releasing

I've read Put 'Em Down, Take 'Em Out! as well as pretty much EVERY other "knife fighting" book that's been published. Every single LEGITIMATE self defense book

Sep 23, 2009 Fairbairn-Sykes-Applegate Knife Fighting. a book called Put em Down, Take em Out!: Knife Fighting Techniques from Folsom Prison by Don

Pentecost, Don - Knife Fighting Manual. Don Pentecost - Put 'Em Down, Take 'Em Out!: Knife Fighting Techniques From Folsom Prison Paladin Press

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This title brings back important memories from a great and terrible time My cellmate wanted to order a copy of Put Em Down, Take Em Out!